



CERTIFICATE OF PARTICIPATION

This is to certify that

Frank Boshoff

Has successfully participated & completed the

23km Cradle Escape - Adventure (7am)

held at Cradle Moon Lodge.

TIME 02:28:36

PACE 9.29km/h

OVERALL 28 of 43

GENDER 25 of 40

VETERAN 11 of 17

12 September 2020, Sat

Date



BoutTime

Signature

